

ERGONOMIC ASSESSMENTS OF 130 OFFICE BASED STAFF

Sector	International
Client	An international oil company
Service	Ergonomic Assessments of 130 staff using display screen equipment
Project Days	12

CLIENT PROBLEM ?

The client operates to international health and safety standards and staff who had been previously situated in European based regional offices were relocated to the UAE as part of company restructuring and expansion.

The company rightly valued it's staff highly and wished to ensure that the very highest standards of health and safety staff welfare were adhered to.

To that end, the client appreciated that health and safety risk was not restricted to high risk environments. Second only to psychological risk and mental health issues in offices, comes the risk of work related musculoskeletal disorders developing from the long hours that we spend at our workstations and in front of display screen equipment. In Europe alone, over 7 million work days are lost each year due to staff needing to take time off work due to work related musculoskeletal disorders.

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Our Solution

To ensure a robust solution to ergonomic issues the Corporate OHS Health and Safety Consultant agreed to ergonomically assess all 130 client staff based in the clients UAE office.

Upon an initial discussion to ascertain with the client that budget would be made available after the project finished for any recommendations that may be suggested by the Consultant in their report. The Consultant then undertook a tour of the office and witnessed staff activities and working conditions. From there a checklist specific to the clients office was developed that the Consultant could use and refer to whilst undertaking the assessments.

Summary of Outputs

The Corporate OHS Health and Safety Consultant met individually at every employees desk with them. In addition to speaking at the employees workstation, there was also a private office made available to allow the employees to speak in private, should they so wish.

Each employee had individual one on one time scheduled to speak with the Consultant. They could discuss any concerns, issues or questions that they had as regards ergonomics and musculoskeletal disorders. The Consultant then assessed the individuals workstation including desk, chair and computer workstation. Identifying any hazards and making adjustments to the workstation that would promote optimum ergonomic wellbeing for each individual.

In outcome of each individual assessment was noted in a report whereby the Consultant provided to the client details of the discussion that took place, adjustments that were made, any issues with the employee that a responsible employer should be made aware of. High priority ergonomic hazards or employees who presented high concerns and should be monitored to ensure their welfare. Any recommendations for equipment for some employees.

Lastly, an ergonomics training presentation was developed, bespoke for the client, that they could distribute to all staff.